



**Welcome
to the
Gort
Family Resource Centre
Directory.**

We hope that this directory helps you find services locally. We at the Family Resource Centre (FRC), provide a range of services, details of which are included at the back of the directory.

The vision of the Family Resource Centre is

“To provide a safe, open, friendly and confidential service to the community of Gort”.

- * **We provide family support,**
- * **We help people fight disadvantage**
- * **We provide information**
- * **We provide a meeting place,**
- * **We arrange training courses**
- * **We facilitate the set up of community based supports and services.**

Gort FRC established under the Department of Social and Family Affairs, is part of the Family and Community Centre Programme and is funded through the Family Support Agency.

You may feel that you do not need to avail of any our services right now, but we would like to you to know that we are here to assist members of Gort Community and to “**Help people help themselves**”.

We wish to thank Veronica Dignam-Stone, Hilary Scrivens and Maurice Crowe for compiling and assembling this community directory. Special thanks to Shona Scrivens for the cover design.

TRANSPORT SERVICES

Rural Bus (East Clare) 061-924375
Times: Flagmount Derrybrien Gort
Depart 8.35am Arrive Gort 10.25am
Depart Gort 1.30pm.

Aughnish Kinvara Gort
Depart 11.30am Arrive Gort 12.30
Depart Gort 16.00 Arrive 16.59

Bus Eireann 091-562000

Buses to Galway are scheduled to leave The Square in Gort Mon to Sat. First bus is at 7.30am and then from 8.55am 9.55am and every subsequent hour until 21.55pm. Sunday services begin at 8.55am and continue every hour until 21.55pm.

Buses to Ennis. First bus is at 7.45am and continue every hour until 20.45pm. Connections are available in Ennis to Limerick, Mallow, Cork, Tralee and Killarney.

Buses to Shannon. A direct service to Shannon Airport is available at 7.45am and every two hours after that.

For complete details check posted timetables in The Square or contact Bus Eireann.

CHILD CARE/CHILD MINDING SERVICES

Burren View Montessori & Creche Contact: Linda Fallon	091-630756	Burrenview, Gort.
Busy Bees Contact: Olive Coleman	091-632765	42, Riverwalk Gort.
First Friend's Contact:Michelle Nagle	091-631409	36,Punchbowl Ennis Rd,Gort
Little Feet Pre-School After School Service Contact: Linda Regan	087 7871973 091-632249	Community Centre.
Little Giants . 3 Months –5years Hot meals provided	091-630542	Tubber Rd.
Parent & Toddler Group. Contact: Sarah Fahy Hot meals provided	091-632664	
Parent & Toddler Group. Contact: Sarah Fahy	091-632664	

LOCAL PRESS

Clare Champion	091-637333	Paddy O' Grady
Clare People ahamilton@clarepeople.ie	0656895510	Andy Hamilton
Connacht Tribune flatleyjohn@yahoo.ie	091-472397	John Flatley

ANIMAL WELFARE

Liam Burke.Vet	091-631725	Tubber Rd,Gort
Donal Connolly.Vet	091-631289	Crowe St,Gort
Gerard Slattery.Vet	091-632748	Barrack St,Gort
Galway S.P.C.A.	091-563631	

CONSERVATION RANGER

The Conservation Ranger for the Gort area employed by The National Parks and Wildlife Service is Raymond Stephens and he is contactable at 087-2194063.

In case of an extreme emergency such as a fire, accident, robbery, assault or burglary the Emergency Phone number is 999. **Please remember that it is an offence to use this number in a nuisance manner.**

NAME OF SERVICE	PHONE NUMBER	ADDRESS
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Fire Brigade	091-585555	Crowe St, Gort
Gardai	091-636400	Barrack St, Gort
<u>ELECTRICITY SUPPLY BOARD</u>		
Emergencies	1850 372999	
A Callsave number for direct reporting of emergencies.		
Service Queries	1850 372725	
A Callsave number dealing with connections and voltage issues		
<u>GAS EMERGENCIES</u>		
Call	1850 205050	
Galway Co Council	091-631040	Crowe St, Gort
Galway Co Council	091-509000	Prospect Hill,
PHONE FAULTS		

INFORMATION/RIGHTS

Citizens Information	087-2035351	
Contact;Olwyn Gregory		
Consumer Rights	01-8090600	

HEALTH SERVICES

Gort Health Centre	091-631325	Ennis Rd, Gort
Gort Health Centre offers a range services including Medical Doctor, Public Health Nurse, Community Welfare Officer, Chiropodist, Physiotherapist, and Dentist.		

Doctors: Surgery times are available from practice staff. Emergency cover details and contact numbers are also available.

Dr Jennings	091-631325	Health Centre
Dr Joyce	091-632311	Bridge St, Gort
Dr Fadden	as above	as above
Dr Keaveney	as above	as above

Dentist 091-631276 Bridge St, Gort
 Contact: Dr Tony Noonan
Children's Dentist 091-631325 Health Centre
Dental Hygienist 091-631325 Health Centre
Alternative Therapy 091-632709 Bridge St, Gort
 Contact; Orla Bishop.
Chiropodist Social Services Centre, Queen St, Gort
 Fri 11am-3pm

Psychiatric Day Hospital 091-630949 Ennis Rd, Gort

Physiotherapist 091-631325 Health Centre
 Contact; Fiona Tuite. Referrals from a GP are generally required.

Speech Therapist 091-631325 Health Centre
 Contact; Patricia O' Connor. Referrals from a GP are generally required.

HOSPITALS/NURSING HOME

University Hospital Galway
 Accident and Emergency 091-544556
 General Enquiries 091-544329
Merlin Park Hospital 091-757631 Galway
 Child Care Services 091-775301
St Bridget's(mental health) 0906-42117 Ballinasloe
Rosemount House
Nursing Home 091-631847 Church St, Gort
Galway Hospice 091-770868 Renmore, Galway
 Information, support and counselling for people living with advanced illness and to those caring for them.

PHARMACIES

Daly's 091-630330 Market Hall, Gort
Gilmartin's 091-631236 Bridge St, Gort
Quinn's 091-631272 Bridge St, Gort

OPTICIANS

Claddagh Optical 091-632400 Crowe St, Gort

EMPLOYMENT/ SUPPORT

Community Employment (CE) provide a number of related services in Gort.

C.E. Supervisor 091-631522 Loughrea Rd, Gort
 Contact: Debbie Nightingale (County Scheme Child Care)

C.E. Supervisor 091-631522 Health Centre.
 Contact: Margaret Rochford

Community Welfare 091-631325 Health Centre.

Employment Mediation Service 087-6535761/
 091-847611

Contact: Angela Mahon on the above phone numbers. She attends the Family Resource Centre on Wednesdays from 10am-1pm

FAS 091-631522 Loughrea Rd, Gort

Social Welfare Inspector. 091-630200. Station Road, Gort

Social Welfare Officer. 091-630210. Loughrea Rd, Gort

REFUGE SUPPORT

A safe environment for people experiencing domestic violence

Aoibhneas Women's

Refuge 24 hr Helpline 01-8670701

Clare Haven Services 065-6842646 Clare Rd,
 .w.w.w.clarehaven.ie Ennis.

Waterside House 091-565985 Courthouse
 Email waterside@cope.ie Square,
 Galway

HOMELESS SUPPORT

Hostels and help for people experiencing homelessness

Fairgreen Hostel 091-568818 Fairgreen,
 Men (short-term). Galway.

Galway Simon 091-589415
 Men & women. (Long term)

Galway Simon Housing Access. 1800-788887 Seamus Quirke
 Rd,
 Galway

CIVIC SERVICES/ORGANISATIONS

Post Office 091-631028 Crowe St, Gort
Opening hours: 9am-1pm/2pm-5.30pm Mon to Fri
9am-1pm Saturday. Services provided include Bill Pay, Passport Express, TV and Dog Licences, Stamps, etc

Library 091-631224 Queen St, Gort
Opening hours: Tuesday 2.30pm-5.30pm/6.30pm-8pm.
Wednesday: 2.30pm-5.30pm. Thursday: 10.30am-1pm.
Friday and Saturday: 11am-1pm and 2.30pm-5.30pm.

Teagasc 091-631155 Bridge St, Gort
Agricultural and Horticultural Advice.

Community Gardens

In Schools 091-633147 Gort.
A non profit organisation that aims to enhance the environment through education. A school education programme is available. Green Flag status advice available.

Agricultural Show 091-632405 Gort
Contact: Amanda Norton. The Gort Agricultural Show is held every year in August. Involves the display and judging of animals and of home grown garden and kitchen produce. A voluntary group organise the day and welcome volunteers.

St Patrick's Day Parade 091-632754 Gort
Contact: Trish Beakey. Annual event run by voluntary group. Volunteers welcome.

GRACE 091-632525

LEGAL SERVICES

Legal Aid Board 091-561650
Subject to a means test a person may receive legal aid. Inquiries can be made to the above office.

Solicitors

Patrick Burke 091-631719 Bridge St, Gort
Charles Foley 091-631472 Market Sq, Gort
Mary Larkin 091-631022 Market Sq, Gort
Justin Sadler 091-631614 Crowe St, Gort
Colman Sherry 091-631383 Market Sq, Gort

Dr Piggott 091-632595 Church St, Gort
ADDITION/COUNSELLING/PERSONAL SUPPORT

Alcoholics Anonymous

A self help group. Gort meetings take place in **The Social Service Centre in Queen St** every Friday at 8.30pm and Sunday morning at 10am. **AA Helpline** 091-767777 Mon-Fri 7.30pm-10pm. Sat 11.30am-2pm.

Addiction Counsellor 091-630949 Ennis Road, Gort
Contact: Martin Stack for help with Alcohol, Drugs, Gambling etc
Al-anon

A self help group for those affected by another's drinking. Gort meetings take place every Monday at 8.30pm in **The Social Service Centre, Queen St**

Aware 1800 303302

A confidential service for people living with depression.

Bereavement Counsel 091-565066 Galway

A confidential service for bereavement and grief sufferers.

Bodywhy's 1890 200444

A helpline for people with Anorexia or Bulimia issues or questions.

Console 091-537333 Galway

Callsave 1800201890

A service for people who are living with the effects of suicide.

PERSONAL SUPPORT CONTINUED

Active Retirement Gort 091-631601 Queen St, Gort
Contact: Mary Wall. Meets 3rd Wed of every month in Social Service Centre, Queen St, Gort when activities are planned.

Aids West 091-566266 Galway

Breast Feeding Support Group. Gort

Support and advice on breast feeding.

Contact:

Deirdre 086-8615874

Sam 086-3978197

Veronica 086-8156760

Sally 087-7533719

Nadin 091-633147

Mary 086-1203616

Sarah 087-9711077

Www.breastmate.blogspot.com

Cari Foundation 091-413331 FRC, Gort
Professional child centred support and long term therapy for young people who have experienced child sexual abuse.

Cura 1850 622626 www.cura.ie
A confidential support service for crisis pregnancy

Galway Migrant Service 091-564822/ Canavan Hse,
A drop-in centre. 091-562688 Nun's Island
10am-4pm daily Galway.

E-mail: info@galwaymigrantservice.ie

Grow 094-9026417
Promoting better mental health

Home Senior Care 091-700070 Galway
A home help service for elderly people.

Meals on Wheels Queen St, Gort
The Social Service Centre in Queen St provides a meal service for elderly people. Contact by calling in.

Samaritans 091-561222 14, Nun's
Callsave Free. 24hrs 1850609090 Island
Galway.

Senior Helpline 1850-440444
A phone service for older people who are lonely, worried and wish to talk to someone

St. Vincent de Paul Society 091-563233 Galway
Addresses the provision of resources and support to those in need.

Threshold 091-563080 Galway.
Supplies information and advice on housing or rent affairs. E-Mail- thresholdgalway@eircom.net

Rape Crisis 1850-355-355 Galway
A confidential phone service for people who have experienced sexual assault.

FAMILY SUPPORT

Accord 091-562331 Galway
(Marriage Preparation/
Counselling/ Fertility advice E; accordgalway@eircom.net

Family Support Agency 091-509730

Gort FRC 091-630902 Church St.
A family support service provided at The Gort Family Resource

SPORTS GROUPS

Gort Athletics Club 087-9332033 John Melville

Gort Basketball Club 087-6776801 Maureen O'Connor

Gort Community Centre 091-631756

Racquetball, Squash, Snooker
Sauna, Steam-Room.

Gort Community Games 087-9332033 John Melville

Gort Gaelic Football 086-8757672 Joe Beakey

Gort Golf Club 091-632244

Gort Hurling (Underage) 086-2440111 John Commins.

Gort Hurling Club 087-2507320 Gerry Sheehan.

Hurling Club House 091-632348

Gort Ladies Gaelic Ftbl 086-1580623 Leah Kelly.

Gort Rugby Club 087-6408030 Jason Kenny

E mail : kenny@no37@eircom.net

Gort Soccer (Underage) 086-6480586 Martin Leonard.

RECREATION GROUPS

ICA 091-631306 Bolands Lane
Irish Countrywomen's Association. Gort.

Contact: Nell Giblin

The Wild Swan Theatre Co. 086-8225085 Gort

Contact: Austin McInerney. Amateur group welcomes members for their yearly productions.

RELIGIOUS

St Colman's Catholic Church Gort

Contact: Canon Michael Kelly 091-6631220

Parish Office 091-632727

Mass Times. Mon, Wed, Fri -8am and 7.30pm.

Tues, Thurs- 8am and 10am. Sat- 10am and 7.30pm.

Sunday 9am, 11am and 12.15pm.

MUSIC CLASSES

Accordion lessons 091-638205 Paul Gunning.
Coole Music & Arts 086-3467245 Administrator;
Fiona Buckley

Teachers.

Katharina Baker Classical Violin, Viola,
Fiddle Fun Groups, Choir.
Aleisha Schmitzu: Voice.
Amadeus Johnson: Violin.
Joanne Cater: Wind Instruments.
Claire Sawtell: Cello.
Audrey Lovern: Piano.
Mary O' Sullivan: Melodeon.
Derek Hoffman: Piano.
Peter Brazier: Piano and Guitar.
Darren Swindells: Guitar.

Art Classes 085-8113361
For Children 091-796568

Contact: Samantha Geaghan

Art Classes
For Children 086-6042538

Contact: Shona McGillivray

Kids into Drama 091-635073
Contact: Meabh Ni Maolalaidh 086-6042538

Irish Dancing 091-634467
Contact: Marie Gavin 087-2468655.

Centre in Church St.

Time For Us 091-763510/
086-8113511

Contact: Deirdre Hillary. Tuam Rd,
Galway.

Time For Us is a family support service for parents who do not live with their children. TFU provide a premises where parents who have a visiting day with their children can visit in a secure, friendly space, play games, relax etc.

DISABILITY SUPPORT

Orchard Services 091-631530 Queen St, Gort
Contact: Derek Smith. Provides residential and day care services for people with mild to moderate learning disability.

Centre for Independent Living 091-773910 Galway

Contact: Jack Callanan Advice and support for disabled people.

Disabled Persons 091-567812 Galway.

Provides products and services essential to disabled people.

Enable Ireland 091-526321 Seamus Quirke Rd,
Galway.

Wheelchair Association 091-771550 Well Park,
Galway.

FINANCAL SERVICES

Mabs (by appointment) 091-841869 Church St, Gort

Money Advice and Budgeting Service. A free, confidential, and independent service for people in debt or in danger of getting into debt. Martin O'Brien gives advice at The Family Resource Centre every 2nd and 4th Thursday. A confidential service

St Colman's Credit Union 091-631250 Bridge St, Gort
Opening hours: 9.45am-5.15pm Monday to Saturday.

Allied Irish Banks 091-631051 The Square, Gort
10am-12.30pm and from 1.30pm-4pm Monday to Friday.

Bank of Ireland 091-631811 Bridge St, Gort
10am-1pm and from 2pm-4pm Monday to Friday.

SCHOOLS/EDUCATION SERVICES

National Schools	Number	Principal
Ballyturn NS. (Principal)	091-632064	Mary Glynn
Boston NS.	091-633211	Pauline Nelson
Convent of Mercy NS.	091-631808	Sister John
Derrybrien NS.	091-632232	P Flanagan
Gaelscoil na bhFili	091-630494/ 087-4149160	Grainne Ni Alluin
Gort Boys NS.	091-631627	Francis O'Connor
Kilbeacanty NS.	091-632382	C Fordham
Kiltartan NS.	091-631187	Padraig O Muirithe
Lough Cutra NS.	091-633242	Joe Killeen
Lurgan NS.	091-633118	Sean Keehan
Peterswell N S.	091-634108	Brid O'Donnell
Tierneevan NS.	091-631832	Paula Cummins
Tubber NS.	091-633230	Aine Ni Choimin

Secondary School

Gort Community School. 091-632163 Denis Corry

Adult Education

Adult Literacy 091-567660/ Kieran Harrington.
VEC run. 086-8134711
Helping people with literacy and numeracy problems.

County Galway VEC 091-630647 Further Education
Adult Education Guidance 087-2818506 Centre, Ennis Rd
Contact: Tadhg Crowley
Email : gortvec@eircom.net

English Classes 086-4061780
VEC run.
Contact: Pascal Lally
EASL. English As A Second Language is to help people who do not speak fluent English and would like to do so.

YOUTH SERVICES/CAREERS GUIDANCE

The No Name Club 091-632992 Gort
Contact: Adrian Feeney. The No Name Club is a social club for young people which promotes enjoyment without the use of alcohol.

The Scouts. The 17th Galway Gort Scouts Gort
Contact: Gary Connolly 086-0832258
Boys and Girls welcome.

Early School Leavers 087-9540954
Tracking Officer.

Contact: Bartley Joyce at the above mobile number.

Youth Employment 065-24137 Ennis.

Youth Info Ireland 091-562434 Ozanam Hse,
e-mail yicgalway@esatclear.ie Augustine St
Galway.

Youth Work Ireland 091-561637
mail-regional.resourcecentre@gyf.ie Galway.

Teen Parents 091-544960/085- 76332235

A support programme for teenage parents run from the Family Resource Centre in Church St.

Young Mothers in Education Project

Contact: Rachel Newland 087-1209411
This project is run by Youth Work Ireland. The aims are the education of young mothers with any relevant information. The service includes childcare information and peer support groups.

HEALTH & FITNESS SERVICES

Crann Og 091 631602 Derrymore, Gort.
Burren Yoga 091-637680 Cappaghmore,
& **Meditation Centre** Kinvara
The Swan Leisure Club 091-632333 Lady Gregory
Hotel, Gort
Weight Watchers Community
8.30-9.30pm Tuesday night Centre, Gort